

BECOMING A RED DEVIL



1. Students must have a valid physical examination performed within the last twelve months prior to the start of the season. Physicals may be performed by a private physician or by the school physician. The school sports examinations are free of charge and are performed several times throughout the year.
2. If the 12 month period for the physical expires during a sports season, participants may complete the season as long as a health history was conducted prior to the season. For example, a physical conducted on August 1st would be valid through August 31st. If a student plays beyond August (ex. football), the student may complete that sports season as long as an interval health history was conducted before the start of the season. Immediately following the last sanctioned tournament competition for that season, a new physical is required if the student is going to play another sport.
3. A Health History form is to be completed in ink by a parent/guardian. Incomplete forms will not be accepted.
4. Interval Health History form is to be completed by a parent/guardian and submitted to the school nurse within 30 days prior to the start of the season. This form is not required when the student's physical examination is performed within 30 days prior to the start of the season. Incomplete forms will not be accepted.
5. Permission form is to be completed in ink by parent/guardian.
6. Complete top portion of Coach Authorization Card.
7. Students who did not attend June physicals can drop off their completed sports packet in the Peekskill High School Nurse's mailbox.